# Breakfast



### **Eggs & Omelettes**

### TRADITIONAL EGGS BENEDICT\* 12

Two poached eggs atop Nueske's Applewood smoked ham & grilled Wood's toast with classic hollandaise sauce and served with potatoes

Add salmon +2
Add Arcadia Meat Market burger patty +6

#### **BREAKFAST BURRITO\***

Eggs, potatoes and beans with your choice of chorizo, Nueske's thick cut peppered bacon or sausage

### CHEF'S CHOICE OMELETTE\*

Ask your server what the farmer brought us this week, served with a side of rosemary potatoes

### 2 EGG BREAKFAST\*

With Nueske's thick cut peppered bacon or savory sausage patty, potatoes & toast

**DO IT RAY'S WAY** \* 2 eggs over easy with fresh fruit, crispy bacon and brioche toast

### CSA SCRAMBLE\*

Farm-fresh veggies from our Crooked Sky Farms CSA basket scrambled with 3 eggs, served with fruit, sliced tomato & 9-grain toast

**Sub** egg whites +2

### high-I

People with cancer, specifically those in active treatment, often times have difficulty consuming high-protein meals. Eggs are the perfect, easily digestible protein. Dr. Rubin suggests people not on active therapy consume no more than 4x/week.

12

### Sweet

### **CLASSIC BELGIAN WAFFLE**

Fresh fruit and fresh cream

### YOGURT PANNA COTTA

RAF's signature granola, fresh fruit and local honey

### 12 PRINCESS POPPYSEED PANCAKES

Stuffed with fluffy lemon cream, served with fresh fruit & Nueske's thick cut peppered bacon or sausage

### **Specialties**

### AVOCADO WOODS TOAST 🙋

With poached egg,\* arugula & tomato

Avocados are the newest superfood. Their dense nutrient content including cartenoids & vitamin E succinate. Avocados are known for their 'good fat' which is a critical part of cancer-fighting diet.



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#### CHILAQUILES\*

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Crisp chile drenched tortillas dressed with an over medium egg and sprinkled with queso fresco, thinly sliced onion & crema mexicana on a bed of savory pintos

#### CHORIZO & EGGS\*

House-made chorizo, beans, potatoes & tortilla

#### **BISCUITS AND GRAVY**

Handmade butter biscuits, sausage gravy and 2 eggs any style\*

### LOX TOWER\*

Chula Seafood cold cured wild sustainably sourced salmon garnished with caperberries, red onion, sliced tomato, cucumbers, cream cheese & local bagel

## Sides

BRISKET	5
BISCUIT	4
ONE EGG*	2
GRAVY	3
TORTILLA	2
FRITES STREET FRIES	3
BACON	4
SAVORY SAUSAGE PATTY	3
AVOCADO	3
FRUIT	2
TOAST	1
POTATOES	3

# Beverages

CUP OF JOE, SIDE OF DOUGH	5
ROC2 COFFEE	
FRESH SQUEEZED OJ	
REAL LEMONADE	
MILK	
CULT ICED TEA	
HOT TEA	
HOT CHOCOLATE	
MEXICAN COKE/SPRITE	
BOTTLED CULT BOTANICALS	
THE JOY BUS WOW WHEAT ALE	5
FRESH SQUEEZED MIMOSA	10

\* These items may be served undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Not a certified gluten free kitchen.

Menu 'prices' are a suggested donation amount and are not required to participate in our program.

Tables of 8 or more will have a 20% service charge added to their check.

No substitutions for menu items. (Exceptions may be made for food allergies.)

#### DR. RUBIN APPROVED MEALS

As a naturopathic oncologist of Naturopathic Specialists - Scottsdale, Dr. Dan Rubin considers dietary strategies essential in preventing, fighting, and surviving cancer-related diagnoses.